



 **welnis**™  
creating healthy human interiors

welnis  
hospitality



## hotel rooms information

“redefining the  
hotel experience to  
allow guests to relax,  
restore, & recharge”

**Welnis Hospitality – a division of welnis labs specialises in turning hotel rooms into restorative wellness spaces for travellers.**

Our belief is that hotel rooms should allow both the business and leisure traveller to experience a holistic wellness experience that delivers quantifiable benefits for both their physical and mindful states.

Welnis seamlessly infuses wellness technologies and elements into hotel rooms that create a restorative sanctuary that allows travellers the opportunity to relax, restore and recharge.

Our team brings significant experience in wellness interiors and we have conducted years of extensive research working with many of the leading minds in the

areas of interior design and architecture, ergonomics, medical health, lighting, acoustics, fatigue management, fitness and nutrition.

In doing so we have established our 10X welnis Protocols that deliver a series of wellness checks on hotel spaces and in turn provides solutions to deliver quantifiable wellness interiors, products and services.

Our carefully selected wellness specifications and packages reward guests whether travelling for work or leisure with the optimal elements for rest and relaxation whilst providing technologies and programs that are energising and uplifting.



## hospitality wellness products & programs



- Dawn Simulation Alarm Clocks
- Circadian Lighting
- Blockout Blinds
- Ergonomic Desk Chair
- Height Adjustable Desk
- Wellness Posture Form Mattress
- Hypoallergenic Bedding
- Purified Water
- Acoustic Elements
- Air Purification
- Aromatherapy
- Fitness Equipment
- Fatigue Management Solutions
- Yoga Mat
- Cleaning Protocols
- Wellness Menu Options

## human health benefits

The welnis hospitality protocols provide the following significant health benefits:

Improved:

- Sleep
- Energy
- Hydration
- Fitness
- Digestion
- Skin Balance
- Circulatory Health
- Immunity
- Respiratory Health

Reduced:

- Jet Lag
- Stress
- Fatigue





## wellness tourism - the facts



Wellness Tourism is now a \$500 Billion industry and growing at over 12% annually. It is already three times larger than the global Pharmaceutical industry. Indeed Wellness Tourism now represents more than 1 in every 7 travel dollars spent\*. Implementation is simple and the wellness protocols can normally be installed within 1 - 2 days. Costs per room are surprisingly affordable and can be tailored for varying hotel room models whilst still allowing for a premium product experience.

\* Source: Global Wellness Institute.



## welnis meetings

**In addition to our hotel room programs, welnis also offers a selection of wellness packages for meetings and conferences that turn events into collaborative gatherings that invoke wellbeing, health and productivity.**

With attendees spending over 90% of their time inside during meetings and conferences, the need for elements and protocols that provide wellness and in turn higher levels of productivity and engagement is increasingly recognised as a key component to a truly successful event.

Welnis specialises in infusing these wellness products and programs into your hotels meeting and conference spaces to provide a superior product offering, high performance gatherings and healthy and happy attendees.

To discuss how welnis can help you access the burgeoning wellness travelers market call our Hospitality Projects Team on 1300 302 008.

Our welnis Meetings packages include:

- Ergonomic Seating
- Sit Stand Boardroom Tables
- Circadian Lighting
- Blockout Blinds
- Aromatherapy
- Natural And Virtual Biophilc Elements
- Purified Alkaline Water
- Acoustic Elements
- Air Purification
- Activity Programs
- Mindfulness Sessions
- Wellness Menu Options

## about welnis

Welnis is a specialised wellness consultancy firm focused on interiors and the built environment across a wide range of sectors. Our focus and mission is to ensure that wellness elements and protocols are at the forefront of design and construction to enhance human health and wellbeing. At welnis we specialise in infusing interiors with the worlds leading health and wellness products and programs. Our holistic approach to environmental and human sustainability delivers interior spaces that maximise human potential and wellness.

1300 302 008 | [welnis.com.au](http://welnis.com.au)

